

FOR IMMEDIATE RELEASE

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Race Day Volunteers Needed for FitOne 5K, 10K and Half Marathon on Saturday, September 26

BOISE – September 22, 2015 – FitOne will take place on Saturday, September 26, 2015 in Boise. An estimated 12,000 men, women and children of all ages and abilities will participate in the FitOne 5K, 10K and Half Marathon run/walk events, in support of St. Luke’s Children’s. All three courses start at the State Capitol in downtown Boise, and finish in Ann Morrison Park.

Police officers close specified streets the morning of the event to ensure the safety of the participants in FitOne.

Race day volunteers are needed to help support the event on race morning. Volunteer shifts are between 6:30 a.m. and 11:30 a.m. Further details are available online at FitOneBoise.org/volunteer. An estimated 750 volunteers are required to support the event.

Individuals, groups and organizations are welcome to volunteer. If volunteering as a team or group, we do our best to place all team members in nearby volunteer locations and/or similar roles as possible.

With the support of event partners, all registered FitOne volunteers who complete their shift receive:

- Recyclable FitOne lunch tote
- Greenlayer technical t-shirt
- St. Luke's Health System aluminum water bottle and SPF lip balm
- \$10 Shu's Idaho Running Company gift card
- FREE drink coupon from Dutch Bros. Coffee

For more information, please call the FitOne office at (208) 381-2248, email fitonevolunteer@slhs.org or visit FitOneBoise.org.

About FitOne

Produced and sponsored by St. Luke’s Health System, Idaho’s only community owned Health System, the FitOne 5K Family Run, Walk & Stroll, 10K and Half Marathon takes place September 24-26, 2015 in Boise, Idaho. The title beneficiary for the event is St. Luke’s Children’s. Key sponsors include KTVB, Albertsons, Idaho Dairy Council, KeyBank, SelectHealth, Townsquare Media, and Idaho Statesman. To learn more and to register or volunteer, please visit FitOneBoise.org or call 208.381.2221. To learn more about St. Luke’s Health System, visit StLukesOnline.org.

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