

FOR IMMEDIATE RELEASE

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FitOne 5K/10K/Half Marathon Run/Walk Road Closure Announcement for Saturday, September 26
Please expect various road closures between 7:00 a.m. and 12:00 p.m.

BOISE – September 15, 2015 – FitOne will take place on Saturday, September 26, 2015 in Boise. Men, women and children of all ages and abilities will participate in the FitOne 5K, 10K and Half Marathon run/walk events, in support of St. Luke's Children's Hospital. All three courses start at the State Capitol in downtown Boise, and will impact different road ways as outlined below and on the maps posted online at FitOneBoise.org.

Volunteers and police officers close specified streets the morning of the event to ensure the safety of the participants in FitOne. Residents and businesses located inside the road closure blockades are encouraged to move in or out as needed prior to or after the closures take place.

The **FitOne 5K/10K/Half Marathon Start Line** is located near the State Capitol building at Bannock St. and Capitol Blvd. All three courses finish at the entrance to Ann Morrison Park off of Americana Blvd.

The **FitOne 5K starts at 9:30 a.m.** Participants will make their way up Capitol Blvd., across Crescent Rim and proceed down Americana Blvd. where they finish at the entrance to Ann Morrison Park.

- **The Boise downtown** core will be closed from W. State St. to W. Front St. and from S. 9th St. to S. 6th St. starting at 7:00 a.m. until 10:30 a.m.
- **S. 9th St. from W. River St. to University Dr.** – will be closed from 7:45 a.m. – 11:00 a.m.
- **S. Capitol Blvd.** will be closed from Vista to Main St., as will **Crescent Rim Dr.** from the Boise Depot to N. Latah St. starting at 7:45 a.m. until 11:30 a.m., or until the last participant clears the area. **Latah** from Morris Hill to Americana, and **Emerald** from Roosevelt to Americana will be closed to all but local traffic at 7:00 a.m. until Noon.
- **S. Capitol Blvd. from W. Front St. to W. River St.** – will be closed from 9:15 a.m. – 10:00 a.m.
- **East-bound Myrtle St. at S. Capitol Blvd.** will be open until 9:15 a.m. and then close until 10:00 a.m.
- **West-bound Front St. at S. Capitol Blvd.** will be open until 9:15 a.m. and then close until 10:00 a.m.
- **S. Americana Blvd. from W. Shoreline Dr. to W. Emerald St. at S. Roosevelt St. & St. Latah at Morris Hill Rd.** – will be closed to all traffic from 7:00 a.m. to 12:00 p.m. on Saturday, September 26.
- **S. Americana Blvd. from W. Shoreline Dr. to W. Emerald St.** – will be narrowed to two lanes starting at 5:30 p.m. on Friday, September 25, and
- **ALTERNATE I-84 ACCESS via S. Broadway Ave. after 9:15 a.m. until 11:30 a.m.**
- **ALTERNATE BENCH ACCESS via S. Orchard St.**

The **FitOne Half Marathon starts at 7:15 a.m.** Participants will make their way east on W. Jefferson St., across Avenue B, turn south on Avenue C and then east on E. Warm Springs Ave. to Elm Street. Participants turn north on Elm St. to Jefferson Street, turn right on Jefferson to N. Maple Ave, turn right and proceed back to E. Warm Springs and turn left to proceed heading east. Participants turn left onto Old Penitentiary Rd. looping through the Idaho Botanical Garden and return to continue east on E. Warm Springs Ave. via Goodman St. Course

continues east on E. Warm Springs Ave. to the Boise River Greenbelt merge point near Starview Dr. Turn right onto Greenbelt and follow heading west to Municipal Park. Turn right onto Walnut St. then left onto E. Warm Springs. Runners follow the same course back to 6th Street (excluding Elm/Jefferson/Maple loop), turn left and proceed to Grove Street, turn right on Grove Street and then left onto S. Capitol Blvd., where they will follow the 5K course to the finish in Ann Morrison Park.

The **FitOne 10K starts at 7:30 a.m.** Participants will make their way east on W. Jefferson St., across Avenue B, turn south on Avenue C and then east on E. Warm Springs Ave. to Elm Street. Participants turn north on Elm St. to Jefferson Street, turn right on Jefferson to N. Maple Ave, turn right and proceed back to E. Warm Springs and turn right. Runners follow the same course back to 6th Street, turn left and proceed to Grove Street, turn right on Grove Street and then left onto S. Capitol Blvd., where they will follow the 5K course to the finish in Ann Morrison Park.

- **S. 6th St. from Grove St. to W. Jefferson St.** – will be closed from 7:00 a.m. – 10:30 a.m.
- **W. Jefferson St. from S. 6th Street to N. Avenue C** – will be closed from 7:15 a.m. – 10:45 a.m.
- **E. Warm Springs Ave. from N. Avenue C to S. Walnut St.** – will be closed from 7:15 a.m. – 10:30 a.m.
- **S. Walnut St. from E. Warm Springs Ave. to S. Strawberry Ln.** – will be reduced to one lane from 7:30 a.m. until 10:30 a.m.
- **E. Warm Springs Ave. from S. Walnut St. to Starview Dr.** – will be reduced to one lane from 7:30 a.m. – 9:15 a.m.
- **PLEASE EXPECT DELAYS AND TRY TO AVOID THE AVE. B AND JEFFERSON ST. INTERSECTION BETWEEN 7:15 AM AND 10:45 AM.**

For a road closure map or to register for the FitOne 5K, 10K or Half Marathon, visit FitOneBoise.org. Registration also takes place at the FitOne Expo at the Boise Center on September 24 and 25.

For more information call the FitOne office at (208) 381-2221 or visit us at FitOneBoise.org.

About FitOne

Produced and sponsored by St. Luke's Health System, Idaho's only community owned Health System, the FitOne 5K Family Run, Walk & Stroll, 10K and Half Marathon takes place September 24-26, 2015 in Boise, Idaho. The title beneficiary for the event is St. Luke's Children's Hospital. Key sponsors include KTVB, Albertsons, Idaho Dairy Council, KeyBank, SelectHealth, Townsquare Media, and Idaho Statesman. To learn more and to register or volunteer, please visit FitOneBoise.org or call 208.381.2221. To learn more about St. Luke's Health System, visit StLukesOnline.org.

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