

FOR IMMEDIATE RELEASE

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Minor Course Alteration to FitOne 10K and Half Marathon Courses Due to Construction

Utility work on E. Warm Springs will take participants down Jefferson St. to ensure participant safety

BOISE – September 17, 2014 –FitOne will make a minor change to both the FitOne 10K and Half Marathon courses for Saturday, September 20 to ensure participant safety. Participants were originally to run east on E. Warm Springs Avenue starting at Avenue B, but with a construction project still in progress, they will be re-routed east on Jefferson Street.

FitOne 10K participants will cross Avenue B and proceed on E. Jefferson St. to S. Walnut St. and then proceed south on Walnut St. per the original course route. This course adjustment brings the total distance for the 10-kilometer course to 10.21 kilometers.

FitOne Half Marathon participants will cross Avenue B and proceed on E. Jefferson St. to Bruce Avenue, where they will turn south to re-connect with E. Jefferson St. to Mobley Drive and down to E. Warm Springs. From there they will continue per the original course route. This course adjustment brings the total distance for the Half Marathon course from 13.1 miles to 13.44 miles.

“With the information provided during our course planning and approval process, we did not anticipate the need to make a course adjustment at this late date, but safety for all of our participants is our number one priority,” said Heather Hill, FitOne Director.

“We apologize for any inconvenience this may cause to anyone affected, and reiterate that we always do everything we can to ensure a positive experience for participants, volunteers, neighborhood residents, and others who are involved with and support FitOne.”

FitOne will take place on Saturday, September 20, 2014, in Boise. Men, women, and children of all ages and abilities will participate in the FitOne 5K, 10K and Half Marathon run/walk events, in support of St. Luke’s Children’s Hospital. All three courses start at the State Capitol in downtown Boise, and follow routes as outlined below and on the maps posted online at FitOneBoise.org.

Volunteers and police officers provide rolling closures on specified streets the morning of the event to ensure the safety of the participants in FitOne. Those needing to conduct business inside the rolling road closure blockades are encouraged to move in or out as needed prior to or after the rolling closures take place.

For a road closure map or to register for the FitOne 5K, 10K or Half Marathon, visit FitOneBoise.org. Online registration closes Wednesday, September 17 at midnight. Registration for the 5K only also takes place at the FitOne Expo at the Boise Center on September 18 and 19.

For more information, call the FitOne office at (208) 381-2221 or visit us at FitOneBoise.org.

About FitOne

Produced and sponsored by St. Luke's Health System, Idaho's only community owned Health System, the FitOne 5K Family Run, Walk & Stroll, 10K and Half Marathon takes place September 18-20, 2014 in Boise, Idaho. The title beneficiary for the event is St. Luke's Children's Hospital. FitOne is like a picture postcard of Boise. All three courses take runners and walkers from the steps of the State Capitol in the heart of the city, along historic avenues and the Boise River, and finish in Ann Morrison Park. The 2-day FitOne Expo offers activities, entertainment, education and free health screenings to all registered participants, and is free and open to the public. Key sponsors include KTVB, Idaho Dairy Council, KeyBank, SelectHealth, Townsquare Media, Idaho Statesman and Healthy Idaho Magazine. To learn more and to register or volunteer, please visit FitOneBoise.org or call 208.381.2221. To learn more about St. Luke's Health System, visit StLukesOnline.org.

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